

# Fall Workshop Series

# Caregiving Basics

Older Persons' Commission, 650 Letica Dr, Rochester, MI 48307

All workshops will be held at the Older Persons' Commission. There is no cost to attend these workshops. Attend one, two or all three. Seating is limited. Reservations are required at least one week prior to each workshop. Please call 248-656-1403 press 0.

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Wednesday, September 28, 2011, 1:00 ~ 4:00 pm

## **Communicating & Managing Difficult Behaviors**

*Micheline Sommers LMSW, Director of Older Adult Specialty Services, Oakland Family Services*

Communicating is so much more than talking. This workshop will focus on basic communication skills when interacting with persons who have dementia, the best mode of communication and simple steps to improve that communication. Micheline will also address the many difficult behaviors associated with dementia and provide an interactive dialogue on creative approaches to care.

**REFRESHMENTS PROVIDED BY A GUEST CHEF FROM  
SANCTUARY AT BELLBROOK, A TRINITY SENIOR LIVING COMMUNITY**

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Wednesday, October 12, 2011, 1:00 ~ 4:00 pm

## **Elder Law & Financial Planning Panel**

*Don L. Rosenberg, Attorney, Partner & Co-founder of The Center for Elder Law,  
The Center for Special Needs Planning and The Center for Probate Litigation*

This workshop is a must for every caregiver! We will discuss probate court issues, such as guardianships, conservatorships & wills to basic estate planning such as durable powers of attorney, advance directives and revocable living trusts. We will unravel Medicaid myths associated with nursing homes & focus on how families can pay for long term care without going broke. The goal for caregiving is to give a loved one the greatest quality of care at the least cost to the family.

*Sandy Adams, CFP, Center for Financial Planning*

Sandy will review the Parent Care Conversations - a series of conversations important for families (senior adults & their children) to have in order to establish a comprehensive plan for long term care issues and needs. Topics include organizing and simplifying financial records and accounts, structuring assets to maximize income & potential government benefits. She will also cover what professionals should/could be involved as part of the team when long term care needs arise.

**REFRESHMENTS PROVIDED BY A GUEST CHEF FROM WALTONWOOD**

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Wednesday, October 26, 2011, 1:00 ~ 4:00 pm

## **Where do I start: Assessing the need for help & community resources**

*Annette Werner, BS, MA, CDP, Certified Dementia Practitioner,  
Manager Client Services, Comfort Keepers*

Suddenly finding yourself responsible for the care of the person(s) who once cared for you can be a confusing experience. How do you know what to do, and when? How do you know if you're doing the right thing? How do you balance the demands on your time, your emotions, and your energies?

And where do you find the resources you need.

**REFRESHMENTS PROVIDED BY A GUEST CHEF FROM AMERICAN HOUSE  
SENIOR LIVING COMMUNITIES**

**STEERING COMMITTEE:** Comfort Keepers • Oakland Family Services  
Older Persons' Commission • Serving Seniors



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